

# Sardine with turmeric and Batak berries Samosas



4 people

23 min preparation time

13 min cooking time

## All ingredients

**2 tins of 115g** la belle-iloise Sardines with Batak berries and turmeric  
**100g** carrot  
**100g** courgette  
**8** sheets of brick pastry  
A few lettuce leaves

## Steps

- 1- Open the cans and use the juice to cook the vegetables
- 2- Peel the carrot
- 3- Cut all the vegetables into fine julienne strips and cook them covered in the sardine juice for 3 minutes
- 4- Drain and mix the vegetables with the coarsely chopped sardines
- 5- Cut each sheet of pastry in half and fold them in half lengthwise
- 6- Place a tablespoon of the mixture near one edge and fold the sheet to form a triangle
- 7- Place the samosas on a baking tray and bake for 10 minutes at 200°C
- 8- Serve hot with salad leaves and dipping sauce