

Buckwheat crisps **with spreads**



4 people

15 min preparation time

cooking time

All ingredients

2 tins of 60g of your choice la belle-iloise fish spreads

1 apple Granny Smith

16 buckwheat chips

Optional: a few dried Albert Ménès flowers or a few buckwheat seeds

Steps

- 1- Cut the apple into thin slices and place one on each buckwheat crisp
- 2- Place a small teaspoon of spread on top
- 3- Finish by decorating with dried flowers or a few buckwheat seeds