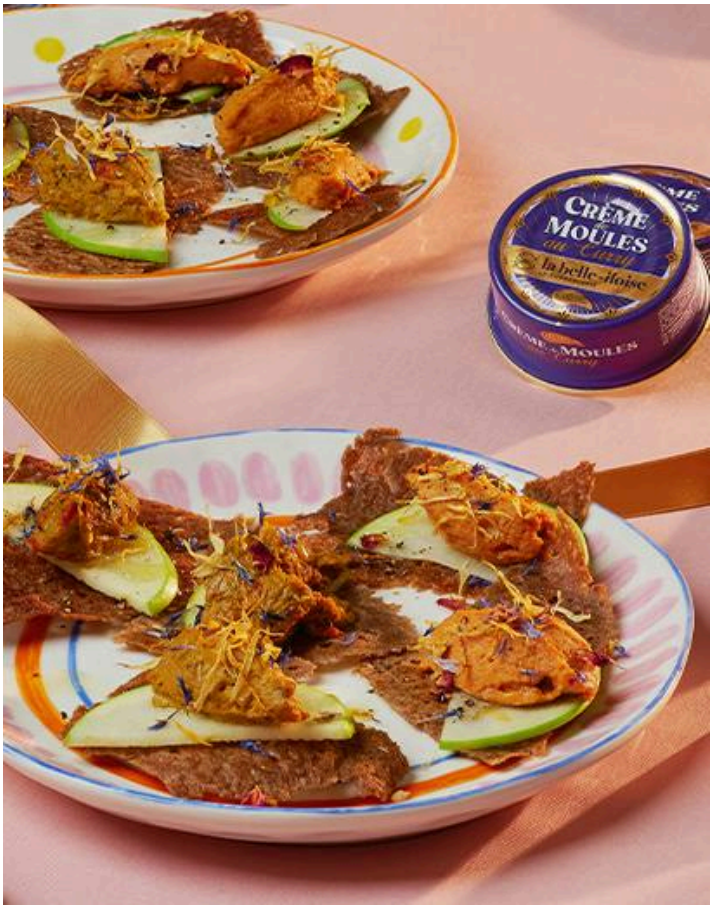
Buckwheat crisps **with spreads**





4 people | 15 min preparation time | cooking time

All ingredients

2 tins of 60g of your choice la belle-iloise fish spreads
1 apple Granny Smith
16 buckwheat chips
Optional: a few dried Albert Ménès flowers or a few buckwheat seeds

Steps

1- Cut the apple into thin slices and place one on each buckwheat crisp
2- Place a small teaspoon of spread on top
3- Finish by decorating with dried flowers or a few buckwheat seeds