Tuna and green apple salad



4 people 25 min preparation time None cooking time

All ingredients

2 tins of 207g la belle-iloise natural albacore Tuna

3 Granny Smith apples

150g firm cream cheese or fromage blanc

2 spring onions or 2 shallots (60g)

Juice of one lemon

1 teaspoon of pink peppercorns for the salad and 1/2 teaspoon for decoration 30g shelled walnuts

1/2 bunch chives

2 pinches curry powder

Salt

Pepper, to taste

Steps

- 1- Dice 2 of the apples (unpeeled) and drizzle with half the lemon juice
- 2- Cut the other apple into slices and drizzle with the other half of the lemon juice
- 3- In a large bowl, mash the cream cheese with a fork
- 4- Add the juice from one of the tins of tuna, season with salt and pepper, the curry powder, 3/4 of the chives, the shallots and half of the pink peppercorns
- 5- Add the flaked tuna, walnuts, diced apples and mix thoroughly
- 6- Place the mixture in the centre of a dish and decorate the top with the apple slices
- 7- Sprinkle with the rest of the pink peppercorns and a few sprigs of chives
- 8- Serve chilled