Zanzi Salad





4 people | 5 min preparation time | 10 min cooking time

All ingredients

2 tins of 80g la belle-iloise Zanzibar tuna
1 Granny Smith apple
7 cherry tomatoes
100g basmati rice
Juice 1/2 lemon

Steps

1- Cook the rice in salted water
2- Core the apple and cut it into thin slices, preferably with the skin, and place in a bowl
3- Drizzle with the lemon juice
4- Add the quartered tomatoes, then the tins of tuna (with the oil) and the cooled rice
5- Mix thoroughly, chill before serving