

Zanzi Salad



4 people

5 min preparation time

10 min cooking time

All ingredients

2 tins of 80g la belle-iloise Zanzibar tuna
1 Granny Smith apple
7 cherry tomatoes
100g basmati rice
Juice 1/2 lemon

Steps

- 1- Cook the rice in salted water
- 2- Core the apple and cut it into thin slices, preferably with the skin, and place in a bowl
- 3- Drizzle with the lemon juice
- 4- Add the quartered tomatoes, then the tins of tuna (with the oil) and the cooled rice
- 5- Mix thoroughly, chill before serving