

# Zanzi Salad



4 people

5 min preparation time

10 min cooking time

## All ingredients

**2 tins of 80g** la belle-iloise Zanzibar tuna  
**1** Granny Smith apple  
**7 cherry** tomatoes  
**100g** basmati rice  
**Juice 1/2** lemon

## Steps

- 1- Cook the rice in salted water
- 2- Core the apple and cut it into thin slices, preferably with the skin, and place in a bowl
- 3- Drizzle with the lemon juice
- 4- Add the quartered tomatoes, then the tins of tuna (with the oil) and the cooled rice
- 5- Mix thoroughly, chill before serving